

City of Brooklyn
Mayor Katherine Gallagher
7727 Memphis Avenue
Brooklyn, OH 44144-2197

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BROOKLYN SENIOR “CHIT CHAT”

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March and April 2016

Return Service Requested

DATED MATERIAL
DO NOT DELAY
MAILED:2/22/16



Happy Easter &
Happy Springtime

Reminder:
Sunday, March 13, 2016 daylight savings time begins. Don't forget to set your clocks 1 hour ahead Saturday night. Also, change batteries in your smoke & carbon monoxide detectors.

Tues. March 15, 2016 Primary Election

March 25, 2016, Senior Center will be closed on Good Friday.

Brooklyn Senior Center
7727 Memphis Avenue
Brooklyn, Ohio 44144
8:00 am - 4:30 pm
(216) 635-4222
Brooklyn City Hall
Mayor Katherine Gallagher
(216) 351-2133

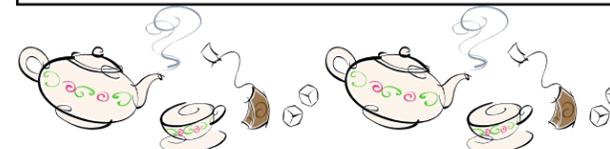


**IMPORTANT INFORMATION on
the New ReadyNotify Alert System Sign up in March**
On March 10th and March 24th there will be sign-ups from 11:30 a.m. to 12:30 p.m. for the “NEW” City Emergency Notification System called ReadyNotify. This will replace the current Code Red Notification System that the city currently uses to notify you of Parking Bans, Emergencies and Changes in Service. Any questions can be answered during the sign-up period. You can also sign up at the front desk of the senior center during the month of March or by calling us at (216) 635-4222

Brooklyn Senior Center Garage Sale:
Sat. May 14, 2016 Doors open to the public: 9:00—2:00 p.m.
Call the Senior Center to reserve a table: 216-635-4222
Clean out your old Items and turn Trash to Treasure!
Cost to Rent 1 table \$25.00 / Refreshments on Sale
Everyone Welcome—Come Sell or Come Buy!

Ladies Tea & Movie

Please join us for tea with the ladies.
Friday, May 6, 2016
Tea & Lunch will be served starting at
11:30 am
Cost: \$12.00
We will be serving Chicken Salad,
Egg Salad, Tuna Salad with Assorted
Breads, Fruit, and Cake
Movie will start at 12:30 p.m.
Movie: “The Intern”
Starring: Robert DeNiro &
Ann Hathaway (comedy)
Only 80 tickets will be sold.
Last day to purchase tickets:
Friday, April 29 2016



St. Patrick's Day Luncheon & Dance

Thursday, March 17, 2016
Cost \$10.00
Luncheon served: 11:30 a.m.
Dancing begins: 1:00 p.m.
Music by: Wayne Tomsic
Menu:
Irish Banger Sausage & Cabbage
Roasted Red Skinned Potatoes,
Buttered Carrots, rye bread,
Applesauce & Dessert
Advance Tickets Sales Only!

Advance tickets only!
Last Day for tickets: March 10, 2016



Daytime Programs

Exercise with Sandy

Tuesday & Thursday Time 9:00 - 10:00 a.m.

Tai Chi Class by Rose Verdino

Monday Time:11:00 a.m. - 12:00 p.m.

Line Dancing

Fridays - 11:00 a.m. - 12:00 p.m.

Post Office-on-Wheels

Post Office services available at the Senior Center:

- Purchase postage stamps and money orders.
- Purchase packaging supplies.
- Mail letters and packages using first class, priority, express & standard mail.
- Certified, insured & registered mail

March 3rd & April 7th, 11:40 a.m. to 12:00 p.m. for any of the above services.



“Get Well Wishes”

Are sent to those who have been hospitalized or ill during the previous months: Dee Marzola, Annie Martinka, and Diane Marks

Chico’s Group 2016 Casino Trips

Wednesday, March 2, 2016

Presque Isle Downs—\$28.00 Per Person
Casino Bonus \$25 Free Play

Wednesday, April 6, 2016

Mountaineer Casino - \$28.00 Per Person
Casino Bonus \$25 Free Play

Wednesday, May 4, 2016

Greektown Casino - Cost: \$31.00
Per Person

Casino Bonus: \$20.00 Bonus Play

For information call Chico: (216) 551-7561

Evening Zumba Class

Come and join the fun of Zumba!

Every Tuesday and Thursday at 7:00 p.m. here at the Senior Center

Cost is \$2.00 per class

Adults are welcome!

BUS TRANSPORTATION SCHEDULE

Mon., Tues. & Fri. - Medical Appointments

Mon. Medical Appointments

Tues. - Medical appointments, Soup & Sandwich, Bingo at the Senior Center

Wed. - Shopping and Morning Medical Appointments in Brooklyn Only!

9:30 a.m. - Giant Eagle

10:30 a.m.- Marcs & Ridge Park Square

Thurs - Shopping and Medical appointments, Lunch at the Center

9:30 a.m.-Ridge Park Square & Biddulph Plaza

10:30 a.m.-Pick-up for lunch at the Senior Center

10:30 a.m. - Ridge Park Square &

Biddulph Plaza & Medical appointment

Fri.— Medicals, hair appointments, banking,

Shopping: Wal-Mart, Aldi’s

Bus runs from 8:30 a.m. - 3:00 p.m.

Donation \$1.00 each way

Absolutely No Tipping

In case of emergency or bad weather and you are in need of Medication or basic food (eggs, bread, milk) we will help pick them up for you. Call the Senior Center 216-635-4222

“Spring Wreath Class”

Thursday, March 31st

Time: 9:30 am to 10:30 am

Cost \$5.00 in Craft Room

Come and Join us and Make a Beautiful Spring Wreath!

Choices in Ribbon and Flowers

THURSDAY LUNCHEONS

Every Thursday lunch is served at the Brooklyn Senior Community Center at 11:30 a.m. The cost is \$6.00. Tickets must be purchased no later than the Friday before the luncheon date. No takeouts are allowed before 12:30 p.m. Please let us know if you need a takeout prior to the luncheon. No refunds.

Menus for March

March 3 - Fruited Jell-o, Baked Ham, AuGratin Potatoes, Broccoli, Rye Bread, Bread Pudding

March 10 – Stuffed Cabbage – Whipped Potatoes, Buttered Carrots, Roll, Applesauce, and Cookies

March 17 – Irish Banger Sauce and Cabbage, Red Skinned Potatoes, Buttered Carrots, Rye Bread, applesauce, and Dessert

March 24 - Fruit cup, Oven Baked Fish or Kielbasa, Macaroni and Cheese, Cole Slaw, Roll, Brownie

Menus For April

April 7 - Tossed Salad, Chicken Pot Pie, Jello Cup, Biscuit, 2 Cookies

April 14 - Apple Sauce, Beef Tips over Noodles, Buttered Carrots, Roll, Jello Cake

April 21 -Tossed Salad, Rigatoni with Italian Sausage, Capri mixed Vegetables, Garlic Toast, Cherry Pie

April 28 - Fruit cup, Pulled Pork, Hash Brown Casserole, Cole Slaw, Ice Cream Treat

Tuesday's Soup & Sandwich Cost: \$3.50

All lunch tickets must be purchased in advance!

March Soup & Sandwich

March 1 - Chicken Noodle with 1/2 Ham Sandwich

March 8 - Cream of Potato Soup with Biscuit

March 15 - Reuben Sandwich and Chips

March 22- Tomato Soup and Grilled Cheese Sandwich

March 29 - Large Hot Dog and Macaroni

April Soup & Sandwich

April 5 - Broccoli Cheddar and Biscuit

April 12 - Vegetable Beef & Barley Soup with 1/2 Bologna Sandwich

April 19 - Mini Sub Sandwich and Chips

April 26 - Pizza and Salad

Programs and Speakers

Brooklyn is proud to announce that it has continued participation in the **Heritage Home Programsm** for the 2016 calendar year.

COME LEARN MORE ABOUT THIS PROGRAM AT THE SENIOR CENTER EVENING MEETING:

Wed. March 23, 2016 – Time: 6:30 p.m. DAYTIME MEETING:

Thur. March 24, 2016 – Time: 12:00 noon

The Heritage Home Programsm is a specialized house maintenance and rehab program for owners of homes that are 50 years old or older. The program is administered by the Cleveland Restoration Society (CRS). If your house in Brooklyn is at least 50 years old, you have access to

Free Technical Assistance and Low-Interest Financing to Cover Project Costs

To find out more, call (216) 426-3116 or visit www.heritagehomeprogram.org.

Speaker: **Rick Delarosa** of *Blameless Body Fitness* will speak on Thur. March 3rd at Noon on “**A Drug Free Approach to Chronic Disease**”

Metro Health Speakers, Cheryl Bradas and Vicki Bowden will be here on **Thursday, April 14th** at 12 o'clock noon to speak on the topic of “**Preparing for your Doctor Visit**”

“Life Line Screening” Speaker
March 10, 2016—Time: 12:00 p.m.

On Thursday March 10th, Jill Taylor, the health coordinator with Life Line Screening, will be here to talk about stroke risk and the benefit of preventative vascular screening. She will also be available to answer medical questions regarding these issues.

All are Welcome

Topic: Scams that Affect Seniors
Thursday, April 21, 2016
Time: 12:00

Speaker: Judge Joan Synenberg will speak about the most recent scams that affect seniors and consumers in general. Learn how to stop these criminals from stealing your money & identity!

“Life Line Screening” Day
Monday, April 25, 2016 at the Brooklyn Senior Center

Life Line Screening, a leading provider of community based preventive health screenings, will host five screenings, scanning for potential health problems which include: blocked arteries, abdominal aortic aneurysms, hardening of the arteries in the legs, irregular heartbeat, and a bone density screening. All five screenings take 60-90 minutes—In order to register and receive a \$10 discount on a package of screening for this event please call Life Line Screening at: 1- 888 - 653-6450

Programs & Services

Library 2 You

Library 2 You is a free service for Homebound Individuals from Cuyahoga County Public Library that mails library materials to your home. Library 2 You is for impaired individuals who are unable to visit the library due to permanent or temporary impairment or disability. It's easy and convenient—Contact Adult Service Dept. at: (216) 749-9307

Attention Seniors

Come and have *Coffee & Donuts* with Mayor Katie Gallagher
On Friday, March 11, 2016
9:00 a.m. to 10:00 a.m.
Please sign up at the front desk
So we know how many donuts to order

“Condolences”

Our Sympathy goes out to all who have lost a loved one in the past months:
May They Rest in Peace!
Andrew Darula and Angela Greco



Volunteer Appreciation

The Brooklyn Senior Center thanks all who have so graciously volunteered their time and effort to make this Senior Center so successful. The total volunteer hours for December & January were **645** hours. Please remember to sign the volunteer book, as this is the only way to keep track of your hours. **THANKS** To all of our Volunteers!

BLOOD PRESSURE SCREENINGS

- Lutheran Hospital Community Outreach nurse will hold a Blood Pressure Screening The 1st Thursdays each month:
Dates are March 3rd and April 7th
Time: 10:30 am to 12:00
- Greenbriar Healthcare nurse is here the Second Tuesday every month
March 8th and April 12th
- Brooklyn Paramedics will be available at the for blood pressure readings the 2nd & 4th Thursdays of the month from 10- 11:00 a.m.
Emergency Calls take precedence

Free Hearing Test

L.A. Christner, Inc. hearing test schedule for **2016** is as follows: they will be at the Brooklyn Senior Center on the **2nd TUESDAY** of each month: March 8-April 12-May 10-June 14 July 12-Aug 9-Sept 13 –Oct 11-Nov 8-Dec 13
Appointments are: 10:00 a.m. to 12:00 p.m..
They offer a free hearing test, and for a small fee, take care of all your hearing aid needs: cleaning, repairs, adjusting and batteries.
Call for appointment at: (216) 635-4222.



Homebound Meals Program

Are you a homebound Senior or at home recovering from an illness? We are here to help! The Senior Center offers a meal delivery program. The meals are prepared by Parma Hospital at a cost of \$7 per day. They are delivered Monday through Friday. The meals consist of lunch & dinner. They are coordinated with your recommended diet from your physician. Please call the Brooklyn Senior Center if you are interested or with any questions.
(216) 635-4222.