

City of Brooklyn
Mayor Richard H. Balbier
7727 Memphis Avenue
Brooklyn, OH 44144-2197

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BROOKLYN SENIOR "CHIT CHAT"

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July and August 2012

Return Service Requested

DATED MATERIAL
DO NOT DELAY
MAILED:6/22/12

Annual Brooklyn Community Picnic
Everyone Welcome!

Sunday, September 16, 2012
Time: 1:00 to 5:00

Food, Prizes and Fun!

Held at the Brooklyn Senior/Community
Center

7727 Memphis Avenue



Brooklyn Senior Center
7727 Memphis Avenue
Brooklyn, Ohio 44144
8:00 am - 4:30 pm
(216) 635-4222
Brooklyn City Hall
Mayor Richard H. Balbier
(216) 351-2133

FRIDAY PICNIC & MOVIE

Friday, July 27, 2012

Luncheon Served: 12:00p.m.

Movie Begins: 1:00 p.m.

Movie: "Joyful Noise"

Starring: Dolly Pardon & Queen LaTifah

Menu: Italian Sausage Sandwich, Pasta Salad, Peppers & Onions
and Dessert

Friday, August 31, 2012

Luncheon Begins: 12:00 p.m.

Movie: 1:00 p.m.

Movie: "Dolphin Tale"

Starring: Harry Connick Jr. & Ashley Judd

Menu: Sloppy Joes/Cheese Potatoes/Coleslaw/Chips/Dessert

HEAP PROGRAM
Cleveland Housing Network
2012 Summer Crisis Program (SCP)

This program is designed to help qualified households pay for summer electricity usage and/or receive an air conditioning unit. Households at/or below the 200 percent of federal poverty income guidelines are eligible for the one-time SCP benefit up to \$250.00.

First come first serve: SIGN UP NOW!

When: July 6, 2012

Between 9:00 a.m. and 2:00 p.m.

Where: Brooklyn Senior Center
7727 Memphis Ave.

If you are unable to sign up for this event, please call the 24-hour HEAP appointment line at 216-518-4014

The following must be brought to your appointment: Photo, Identification, Social Security Card, Proof of income for last 90 days & current gas and electric bill.

Brooklyn Community/Senior Center
Indoor Garage Sale/Flea Market
Saturday, August 4, 2012
Brooklyn Senior Center
7727 Memphis Ave.
Brooklyn, Ohio 44144
216-635-4222
Donation: 1 table \$20.00
2 tables \$35.00
3 tables \$50.00
Round Tables \$15.00
(includes two chairs/building access @ 7:00 a.m.)

Doors open to the public 9:00-1:00
Tables will be assigned on a first come basis as paid reservations are received.
For more information call
Phylliss Morrow at:216-661-4535

Senior Center will be closed on:
Wednesday, July 4th.



Attention Attention

Automated rubbish will be rolling into Brooklyn on August 20, 2012. If all goes according to plan, residents will receive their new "Toter"

Containers the week of August 13th. A new information brochure will be sent out a month ahead of time for residents to review.

Daytime Programs

Daytime Exercise & Line Dancing

Exercise on your own with Video DVD's
Tuesday & Thursday Time 9:00 - 10:00 a.m.

Tai Chi Class by Rose Verdino

Monday Time: 11:00 a.m. - 12:00 p.m.
Classes resumes in September.

Line Dancing by Gwen Rospierski

Wednesdays - 12:30 p.m. - 1:30 p.m.

Line Dancing by Alice

Fridays Time: 11:00-12:00

Post Office-on-Wheels

Post Office services available at the Senior Center:

- Purchase postage stamps and money orders.
- Purchase packaging supplies.
- Mail letters and packages using first class, priority, express & standard mail.
- Certified, insured & registered mail

11:40 a.m. to 12:00 p.m. for any of the above services.

Next visit: Thurs., July 5, 2012

“Get Well Wishes”

 Are sent to those who have been hospitalized or ill during the previous months: Ed Weigand, Tony Musarra and Ed Rompala

Programs - Evening

Weight Watchers

Weight Watcher meetings are held at the Brooklyn Senior/Community Center on Monday evenings. Registration & weigh-in begins 1/2 hour prior to the start of the 6:00 pm meeting. Back entrance.

Doors open at: 5:30 p.m.

Meeting begins at 6:00 p.m.

Evening Ceramics

Every Wednesday at 6:00 p.m. join us at our ceramics class. This program is open to all adults. The cost is \$2.00 per class.

Book Review Club

The Brooklyn Public Library is here to review a new book every month. Please come and enjoy the program. The next meetings will be held: Wednesday July 18 and August 15, 2012
Time: 2:00 p.m.

BUS TRANSPORTATION SCHEDULE

Mon., Tues. & Fri. - Medical Appointments

Tues. - Medical appointments, Soup & Sandwich, Bingo at the Senior Center

Wed. - Shopping and Medical appointments in Brooklyn Only
9:30 a.m. - Giant Eagle
11:00 a.m.- Marcs & Ridge Park Square
12:30 p.m.- Marcs & Ridge Park Square

Thurs - Shopping and Medical appointments, Lunch at the Center
9:30 a.m.-Ridge Park Square & Biddulph Plaza
10:00 a.m.-Pick-up for lunch at the Senior Center
11:00 a.m. - Ridge Park Square & Biddulph Plaza & Medical appointment

Fri.— Medicals, hair appointments, banking, Shopping: K-Mart & Wal-Mart, Parmatown Shopping Center

Bus runs from 8:30 a.m. - 3:30 p.m.

Donation \$1.00 each way

Absolutely No Tipping

THURSDAY LUNCHEONS

Every Thursday lunch is served at the Brooklyn Senior Community Center at 11:30 a.m. The cost is **\$5.00**. Tickets must be purchased no later than the Friday before the luncheon date. No takeouts are allowed before 12:30 p.m. Please let us know if you need a takeout prior to the luncheon. No refunds.

Menus for July

July 5 - All American Luncheon/Dance

Fried Chicken, Potato Salad, Corn of the Cob and Apple Pie

July 12 - Baked Lasagna, Tossed Salad, Italian Green Beans, Garlic Toast, Chocolate Éclair

July 19 - Fish or Kielbasa, 3 Pierogi, Cole Slaw, Fresh Fruit, Strawberry Shortcake

July 26 - Sliced Roast Beef, Whipped Potatoes, Mixed Vegetables, Roll, Pudding Parfait

Menus For August

August 2 - Spaghetti with Meatballs, Vegetable, Garlic Toast, Tossed Salad, Sherbet Cup

August 9 - Sweet & Sour Chicken Breast, Rice Pilaf, Broccoli, Roll, Melon Cup, Carrot Cake

August 16 - Baked Meatloaf, A 'gratin Potatoes, Buttered Carrots, Jell-O Cup, Biscuit, Brownie

August 23 - BBQ Pulled Pork Sandwich, Hash Brown Casserole, Corn on the Cob, Cole Slaw, Ice Cream Sundae

August 30 - Italian Sausage with Peppers and Onions on Hoagie Bun, Potato Salad, Watermelon slice, Cherry Turnover

Tuesday's Soup & Sandwich Cost: \$3.00

All lunch tickets must be purchased in advance!

July Soup & Sandwich

July 3 - Broccoli Cheddar Soup and Biscuit

July 10 - Tuna Melt and Chips

July 17 - Chili with crackers & 2 Cookies

July 24 - Hot Dog and Pasta Salad

July 31 - Chicken Noodle Soup & 1/2 Ham Sandwich

August Soup & Sandwich

August 7 - BLT Sandwich & Chips

August 14 - Vegetable Beef and Barley Soup & 1/2 Bologna Sandwich

August 21 - Ham, Turkey and Cheese Wrap and Fresh Fruit Cup

August 28 - Stuffed Pepper Soup and Large Roll

UPCOMING TRIPS

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Ridgeview Farms, Middlefield, Ohio
 Wednesday, July 25, 2012
 Cost: \$59.00 - includes drivers gratuity

Tour Highlights:

- Middlefield Swiss Cheese Factory
 - Catherine's Christmas
 - Lunch at Grand River Cellars, 1/2 Chicken Dinner, Tour, 3 Tastings
 - Servants of Mary, Center of Peace
- For more information Call: 216-635-4222

Ridgeview Farms
 Wednesday, October 24, 2012
 \$63.00 per person includes driver gratuity

Tour Highlights:

- Mary Yoder's Bakery
 - Middlefield Swiss Cheese
 - Amish Wedding Feast,
 - Amish Home Craft
 - Fig Tree Bulk Food Store
- For more info call: 216-635-4222

Upcoming Trip - December 9, 2012
 "LIVING CHRISTMAS TREE"
 \$60.00 per person, includes driver gratuity
 Experience this breath-taking performance while you enjoy classic Christmas music (and some new favorites) and wonder at the live animals and special effects that have made Living Christmas Trees a holiday tradition in Central Ohio and surrounding areas for over 25 years!
 Trip also includes lunch at Hometown Buffet and a drive through Christmas Light display!
 For more info call: 216-635-4222

Screening and Speakers

LUTHERAN HOSPITAL

Date: Friday, July 20, 2012
 Time: 11:45

"Asthma or Bronchitis?"

Speaker: Muhammad Raza, MD

Learn about the similarities and differences between asthma and bronchitis. Also find information about how to treat, cope and manage your condition and symptoms.

You must pre-register by calling:
 877-234-3488

Date: Wednesday, August 15, 2012

"Six Dimensions of Wellness"

Speaker: Jermaine Crayton

11:45: Light Lunch

12:00: Lecture

Learn about the six dimensions of health: environmental, emotional, physical, spiritual, intellectual and social.

You must pre-register by calling:
 877-234-3488

SOUTHWEST GENERAL

Thursday, July 26, 2012

Time: 12:00 Noon

Lifeline Speaker: Dale Warnecke

- Tips to reduce and avoid falls.
- Learn about Lifeline Alert. In the event of an emergency you get help quickly, reducing medical complications.
- The Philips Medication Dispensing Device Service.

Health and Welfare Programs & Meetings

Alzheimer Support Group

1:30 - 3:00 p.m.

The Brooklyn Support Group welcomes all who have a loved one with Alzheimer's Disease. It is a small, intimate and caring group which tries to ease the problems associated with this disease. The meetings are held on the first Thursday of the month at 1:30 p.m. The next meetings will be held:

Thursday, July 5, 2012

Blood Pressure Reading

Lutheran Hospital blood pressure reading dates:

Tuesday, July 10 & August 14 Time: 11:00 - 12:00

In addition, the Brooklyn paramedics will be available at the Brooklyn Senior Center for blood pressure readings the 2nd & 4th Thursdays of the month from 10:00 - 11:00 a.m.

Free Hearing Test

L.A. Christner, Inc. hearing test schedule for 2012 is as follows: they will be at the Brooklyn Senior Center on: Tuesday, July 10th and August 14th.

Appointments are: 10:00 to 12:00 a.m.

They offer a free hearing test, and for a small fee, take care of all your hearing aid needs: cleaning, repairs, adjusting and batteries.

Call to make your appointment at:
 (216) 635-4222.

"Condolences" Our Sympathy goes out to all who have lost a loved one in the past months:
 Jean Coyne & Paul Rehak
 May They Rest in Peace!



Healthy Tips

A Message to our Citizens, concerning Heat Emergencies from Fire Chief Zemek.

Do

- Reduce outside activity
- Use air conditioners
- Use portable fans in rooms
- Wear lightweight, loose-fitting and light colored clothes
- Drink plenty of fluids
- Eat light, cool, easy to digest foods
- Take cool baths or showers
- Avoid using salt tablets
- Avoid getting sunburned
- Check on your neighbors

Don't

- Direct a fan only at yourself when the room is hotter than 90°
- Leave pets alone in cars for any amount of time
- Drink alcohol to try and stay cool
- Eat heavy, hot, or hard-to-digest foods

I would like to thank Barb Stanton for letting the Senior Center use her tea pots for our ladies tea. It was a wonderful event.

Also, thank you to all of the Center's volunteers that work endlessly to help make the Center a wonderful place to come. We couldn't do it without you: desk volunteers/kitchen crew/newsletter workers, all of the men and women who organize and schedule teams for bocce and Wii bowling, all of you who work at events such as pancake breakfast, ladies tea, coffee with the Mayor, Friday's movie, garage sale workers and picnics, help with crafts, quilting, making ceramics to sell in the corner store, putting the books in order in the library & teaching art class. Thank You from the bottom of my heart!

Volunteer Appreciation

The Brooklyn Senior Center thanks all who have so graciously volunteered their time and effort to make this Senior Center so successful. The total volunteer hours for April and May were 983½ hours. Please remember to sign the volunteer book, as this is the only way to keep track of your hours.