



ACTIVE BROOKLYN



WINTER 2019

PROGRAMS AND SERVICES

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Brooklyn Recreation Center



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ACTIVE BROOKLYN

ACTIVE PROGRAMMING FOR ALL AGES

Fall 2019

Featured Events

Master Plan Community Update

Thursday, December 12, 6:30p — 8:30p
Brooklyn Senior Center — 7727 Memphis Ave.

Join the City of Brooklyn and the Cuyahoga County Planning Commission for a presentation on the Master Plan. This process helps us build a plan for Brooklyn's future. We will discuss the draft community vision. Your input is vital to planning the future of Brooklyn. Please join us!

Hockey Tournament Dates

Baron Cup - Feb 10 — 16
State Tournament -
Feb 18 — Mar 7
Ice Rink

Coffee with the Mayor

February 21 — 9:00a
Senior Center

CONTENTS

Membership Info	2
Aquatics	3-5
Ice Rink	6
Youth Programs	7
Silver Sneakers	8
Fifty-Five Plus	9
55+ Programs	10
55+ Lunch Menu	11
55+ Events	12-14

*Don't forget to share
your holiday pictures!*

#VibrantBrooklyn

VISIT US

City Hall
216-351-2133
7619 Memphis Ave

Recreation Center
216-351-5334
7600 Memphis Ave
recinfo@brooklynohio.gov

Senior Center
216-635-4222
7727 Memphis Ave

MEMBERSHIP MUSTS

Resident Passes

*Grab your pass today!
Passes include the health center, pool, ice skating, and recreation sponsored classes.*

See website for partner rates

Annual

	R	NR
Students	\$50	\$240
Adult	\$120	\$345
Husband/Wife	\$190	\$480
Family	\$210	\$570
Single Parent Family	\$130	\$345
Senior (60+)	\$60	\$190

Monthly

	R	NR
Student		\$60
Adult	\$35	\$65
Husband/Wife	\$60	\$80
Family	\$70	\$90
Single Parent	\$45	\$65

R = Resident, NR = Non-Resident



Natatorium Fees

Go for a quick dip! Day passes for our natatorium are a great way to go for a one-time swim.

	R	NR
Student	\$2	\$7
Adult	\$3	\$9
Senior	\$2	\$5
Student Guest of Resident		\$5
Adult Guest of Resident		\$6
Senior Guest of Resident		\$4

R = Resident, NR = Non-Resident

Party Information

Plan your next party at our Natatorium or Ice Rink. Parties of 13 or more subject to alternative rates. Call 216-351-5334 to learn more.

Natatorium- Resident	\$50
Natatorium - Non-Resident	\$85
Ice Rink - Resident	\$40
Ice Rink - Non-Resident	\$85



ID CARDS

Everyone using Recreation Center services must purchase a \$5 I.D. Card. Bring two proofs of residency to the Recreation Center.

7600 Memphis Ave.

PARTNERSHIPS

Contact us for special rates if you are a member of the following organizations:

- Silver & Fit
- Silver Sneakers
- Renew Active
- AARP Medicare Supplement

Register for programming online at:
www.activityreg.com



AQUATICS

Swim Team

Take part in a step-by-step approach to competitive swimming. Participants ages 5 to 17 will learn stroke refinement, endurance, and conditioning. Swim team is offered in Summer, Fall and Winter sessions. Our winter session runs January 6 through February 27.

Resident: \$90
Non-Resident: \$115
Partnership: \$102.50

Register online at activityreg.com or in person at Brooklyn Recreation Center!

Private Lessons

Private lessons taught by qualified water safety instructors. Private lessons are offered year round! Be sure to sign up with us at Activityreg.com or in person at Brooklyn Recreation Center.

Three 30 Minute Lessons:
Resident: \$60
Non-Resident: \$75
Partnership: \$67.50

For more information contact:
Maria McGinty
mmcginty@brooklynohio.gov

K.I.S.S. Swim

Infants (over 6 months), toddlers, and children can learn safe floating and swimming skills in this private class format. To sign up contact Noah at the phone and email provided below!

Contact: Noah
440-773-5922
kiss.swimNA@gmail.com
kissaquatics.com
infantaquatics.com

Learn to Swim

Join Red Cross Certified staff for our learn to swim programming. Classes held every half hour on Mondays and Wednesdays, 5:30pm-7:00pm

Spring 1: March 9 to April 8
Registration begins January 6

Students are placed according to ability, suggested ages are:

Parent/Tot 6 months — 3 years
Level 1 3 years — 4 years
Level 2-5 Ages 2 and up

Residents - \$40.00; Non-Residents - \$55.00; Partnership - \$47.50

Visit us online at
www.brooklynohio.gov/en-US/recreation-department.aspx



AQUATICS

Indoor Pool

Mon	7:30a-11:30a: Open Swim 11:30a-1:00p: Adult/Senior Swim 1:00p-5:30p: Open Swim 5:30p-8:00p: Learn-to-Swim
Tue	7:30a-11:30a: Open Swim 11:30a-1:00p: Adult/Senior Swim 1:00p-8:00p: Open Swim
Wed	7:30a-11:30a: Open Swim 11:30a-1:00p: Adult/Senior Swim 1:00p-5:30p: Open Swim 5:30p-8:00p: Learn-to-Swim
Thu	7:30a-11:30a: Open Swim 11:30a-1:00p: Adult/Senior Swim 1:00p-8:00p: Open Swim
Fri	7:30a-11:30a: Open Swim 11:30a-1:00p: Adult/Senior Swim 1:00p-8:00p: Open Swim
Sat	8:00a-11:30a: Open Swim 11:30a-1:00p: Adult/Senior Swim 1:00p-6:00p: Open Swim
Sun	12:00p-4:00p: Open Swim

Diving Pool

Mon	7:30a-11:30a: Open Swim 11:00a-11:45a: Deep Water Arthritis 11:45a-1:00p: Adult/Senior Swim 1:00p-4:00p: CLOSED 5:30p-8:00p: Open Swim
Tue	7:30a-11:30a: Open Swim 11:30a-1:00p: Adult/Senior Swim 1:00p-4:00p: CLOSED 4:00p-8:00p: Open Swim
Wed	7:30a-11:30a: Open Swim 11:00a-11:45a: Deep Water Arthritis 11:45a-1:00p: Adult/Senior Swim 1:00p-4:00p: CLOSED 5:30p-8:00p: Open Swim
Thu	7:30a-11:30a: Open Swim 11:30a-1:00p: Adult/Senior Swim 1:00p-4:00p: CLOSED 4:00p-8:00p: Open Swim
Fri	7:30a-11:00a: Open Swim 11:30a-11:45a: Deep Water Cardio 11:45a-1:00p: Adult/Senior Swim 1:00p-4:00p: CLOSED 4:00p-8:00p: Open Swim
Sat	8:00a-11:30a: Open Swim 11:30a-1:00p: Adult/Senior Swim 1:00p-6:00p: Open Swim
Sun	12:00p-4:00p: Open Swim

Lifeguarding Classes

Become a lifeguard by taking this Red Cross Certified course. Students learn safety, preventative lifeguarding, emergency response, and other life-saving techniques. Classes are offered several times per year based on school break schedules.

Cost: Resident \$180 Non-Resident: \$190

For more information contact Maria McGinty at 216-635-4284 or mmcginty@brooklynohio.gov



AQUATICS

Water Aerobics

Registration

In-person registration only. Be sure to drop by and sign up for your class!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2:30p-3:15p Shallow Hydro Fit w/ Sandy	11:00a-11:45a Deep Water Arthritis w/ JoAnn	10:30a-11:15a SS Shallow Splash w/ Sandy	11:00a-11:45a Deep Water Arthritis w/ JoAnn	10:30a -11:15a SS Shallow Splash w/ Sandy	11:00a-11:45a Deep Water Cardio Fitness w/ JoAnn	11:15a-12:00p Shallow Water w/ Steph
		11:45a-12:45p Shallow Arthritis w/ Sandy		11:45a-12:45p Shallow Arthritis w/ Sandy		
				7:00p-7:45p Shallow Hydro w/ Sandy		

Just Add Water

Learn how to scuba dive. This class introduces SCUBA basics with patient, experienced instructors in our heated pool.

For more info: 440-734-3000

Underwater Dive Center

30 minute introduction to SCUBA. FREE for Members. Full courses are available throughout the year.

For more info: 440-734-3000 or www.underwaterdive.com



EXERCISE CLASSES

YOGA

Join us for class on Tuesday and Thursday evenings at 7:00p in the Community Room. Contact 216-351-5334 for more information

Walk-In Cost:
 Pass Holder: \$0
 Resident: \$4
 Non-Resident: \$6
 Partnership: \$5

JAZZERCISE

Burn up to 600 calories in this one-hour strength and cardio class. Now offering 7 classes per week including evenings and weekends. *Call for Schedule*

Cost: First Class Free
 Unlimited Classes: \$42/mo
 Inquire for other options.

Contact
 Marisa at 216-408-2969 or marisajazz@yahoo.com



ICE RINK



LEARN TO SKATE

Classes for ages 3 and up. This national program teaches participants how to be confident on ice!

Classes held on Friday evenings and Saturday afternoons. Call for more details!

Friday Session: January 3 to February 28

Saturday Session: January 4 to February 8*

*Saturday classes are a six week session and will be prorated for a per-class fee.

Cost

Resident: \$50

Non-Resident: \$65

Partnership: \$57

A \$17 yearly membership fee charged for Learn to Skate USA membership.

Contact: GraceAnn Demarest or Elizabeth Mission at 216-351-5334 or visit <https://brooklynskating.org>



YOUTH HOCKEY

Youth hockey for ages 4 to 14. Gear can be borrowed for beginners from the Brooklyn Youth Hockey Club.

Contact: Mike Crossman at mvc1069@outlook.com or www.ClevelandSharks.com



FIGURE SKATING CLUB

Open to skaters of all ages and abilities, this club encourages instruction and practice.

Visit www.brooklynfsc.com for more information!

SKATE RENTAL

Cost: Resident \$2, Non-Resident \$3.50

Open Figure Skating

Mon-Thu 7:45a-9:45a
11:45a-1:45p

Fri 11:00a-1:00p
2:30p-4:30p

Cost:

Residents: \$11

Non-Resident \$13

Partnership \$12

Public Skating

Sun 2:45p-3:45p

Mon 2:00-3:00p

Tue 10:00a-11:30a
2:00p-3:00p

Wed 2:00p-3:00p

Thu 10:00a-11:30a
2:00p-3:00p

Fri 8:45a-10:45a
1:15p-2:15p
8:00p-9:15p

Cost:

	Resident	Non-Res
Adult	\$4	\$6
Senior	\$0	\$3.50
Student	\$3	\$5
Partnership		\$4

Slapshot Hockey

Mon & Wed 10:00a-11:30a

Cost: \$10

PAVILION RENTALS

Pavilion Rentals are available for groups of 50 or less for \$25 (residents) or \$50 (non-residents). For groups of 50 or more, rates are \$50 (residents) or \$100 (non-residents)

Call 216-635-4288

Reservations accepted: Jan 2 (residents), Feb 1 (non-resident)



YOUTH PROGRAMS

Youth Volleyball (Grades 3-6) NEW!

Grades 3-4 COED
Grades 5-6 COED

Registration Fees: Resident \$60 / Non-Resident \$65

Spring Registration: February 1 – March 1
Session Dates: March 16 – May 16
Practices begin late March and games in April (6-8 games)

Youth volleyball is a new program for players in grades 3-6. Teams will practice once during the week and games will be played on Saturdays. Practices to be held at Brooklyn City School facilities and games to be played at home and away sites on Saturdays. Volunteer coaches manage teams so let us know at registration if you are interested in coaching.

Free Preseason Clinic

*Saturday, February 22 9:00a — 11:00a
Brooklyn Middle School Field House*

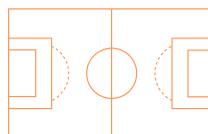
Join us for a free preseason clinic run by Brooklyn High School and Middle School coaches! Be sure to register by February 15th by visiting www.activityreg.com.

Day Camp Information

Available 2/1 at brooklyn.ohio.gov

Rainout/Activity Line

216-250-9405 RainoutLine.com



SRSL Spring Soccer (Ages 9-15)

SRSL 11U / 13U / 15U Boys & Girls REC League

Registration Fees: Resident \$60 / Non-Resident \$65
Registration: February 1 — March 1
Session Dates: March 16 — May 16

Practices begin late March and games in April (6 games) REC travel leagues will hold practices in Brooklyn and games will be played at both home and away sites on Saturdays. SRSL teams will be split by gender if numbers permit.



Mini Canes Spring Soccer (Ages 3-8)

- Mini Canes Ages 3-4 COED (In-House Clinical)
- Mini Canes Age 5-6 COED (In-House 4v4 League)
- Mini Canes Age 7-8 COED (In-House 4v4 League)

Registration Fees: Resident \$60 / Non-Resident \$65

Registration: February 1 — March 1
Session Dates: April 4 — May 23 (Saturdays 9am — 12pm)

Practices and games begin in April. Mini Canes In-House Instructional Leagues will play all games and practices at Brooklyn fields. This program is clinical by nature and will include games as the season progresses.

**Volunteer coaches are needed for all leagues.
Please let us know at registration if you are
interested and able to coach.**



Silver Sneakers

Your health plan may include Silver Sneakers as part of your benefits package. For more information, visit www.silversneakers.com, or call (888) 423-4632.

Bring your health plan ID card and photo ID to the front desk to verify your eligibility and enroll.



YOGA *Mon, Wed, & Fri - 9:30a*
Saturday - 10:15a

Increase flexibility and strength through seated and standing poses.

ACCESSIBLE YOGA *Mon & Wed - 9:00 a*

Chair yoga accessible for those with physical limitations. *Located at senior center.*

CLASSIC STRENGTH *Tue & Thur 9:15a*

Classic strength building with weights, resistance, and chair options.

SPLASH *Tues & Thurs 10:30a*

Water workouts focusing on strength, agility, and cardio.

STABILITY *First and third Thursday of every month at 10:15a*

Helps with fall prevention by focusing on stable movement.

BOOM *Mon & Fri - 10:45a*

Alternating classes focus on muscle and cardio development

Classes are free for Silver Sneakers members!
Non-members with a recreation I.D. - \$1.00
All others - \$3.00

FIFTY-FIVE PLUS

FIFTY-FIVE+ SERVICES

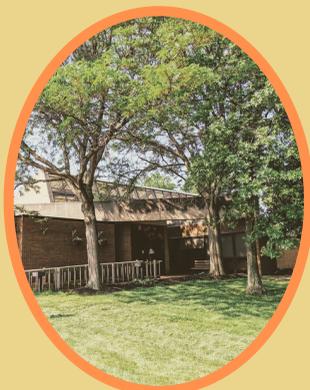
The City of Brooklyn's 55+ services include exercise, bocce, trips, bingo, yoga, and community meals! Find a program below and drop by.

Exercise Programs

Chair Volleyball	Mon at 10:00a — Starting 1/13
Chair Yoga	Mon & Wed at 9:00a
Walkers Program	Tue & Thu at 8:00a
Low Impact Cardio	Tue & Thu at 9:00a
Ladies' Bocce Ball	Wed at 9:00a
Men's Bocce Ball	Thu at 9:30 & 10:00a
Jazzercise	Wed at 11:45a (Call for dates)
Line Dancing	Fri at 11:00a (Call for dates)
Wii Bowling	Fri at 9:00a
Corn Hole	Dec — Mon at 10:00m Jan/Feb — Tues at 10:00a

Volunteers Needed!

We are in need of alternate delivery drivers for meals on wheels, one hour per week M-F Call 216-635-4222 for more information!



Senior Center Membership

Did you know that all Brooklyn residents, ages 55 and up are eligible for a FREE membership to our senior center? Membership includes key card for My Senior Center login and access to programming. Stop by and fill out a registration form today!



PROGRAMS



Arts & Crafts

Ceramics	Mon & Tues at 9:00a
Quilting	Wed at 9:30a
Art Class	Mon at 1:00p
Craft Class	Thu at 9:00a



Get Togethers

Chess	Mon at 12:00p
Bingo	Tue at 12:00p
Ladies' Poker	Wed at 12:00p
Mexican Dominoes	Wed 1:00p
Canasta	Fri at 12:00p
Billiards	Anytime
Lending Library	Anytime

Bus Schedule

Bus runs from 8:30 a.m.—3:00 p.m. Monday—Friday

*Reservations required.
Call 216-635-4222*

Suggested \$1 donation

Monday

Medical appointments

Tuesday

Medical appointments, Soup N' Sandwich, bingo

Wednesday

9:00a or 10:30a Brooklyn shopping

Thursday

Shopping and medical appointments, lunch at Senior Center

Friday

Medical appointments in Brooklyn, banking, hair appointments, shopping at Wal-Mart & Aldi's

Post Office on Wheels

1st Thursday of the Month

Stop by the center to purchase supplies and send mail!



55+ LUNCH MENU

Price

Tues - \$3.50
Thurs - \$6.00

December 2019

Tuesday Soup & Sandwich

- Dec 3 Grilled Cheese & Tomato Soup
- Dec 10 Tacos & Spanish Rice
- Dec 17 1/2 Ham & Swiss w/ Veggie Soup
- Dec 24 Tuna Salad on Onion Bun & Chips
- Dec 31 Potato Soup & 1/2 Turkey Sandwich

Thursday Lunch

- Dec 5 **Christmas Party (\$12)** Ham, Potatoes, Green Beans, Roll, Dessert
- Dec 12 Meatloaf, Mashed Potatoes, Veggies, Dessert
- Dec 19 Turkey, Stuffing, Gravy, Green Bean Casserole, Salad, Dessert
- Dec 26 Spaghetti & Meatballs, Garlic Toast, Salad, Dessert

January 2020

Tuesday Soup & Sandwich

- Jan 7 Chili and Cornbread
- Jan 14 Chicken Noodle Soup & 1/2 Ham Sandwich
- Jan 21 BLT & Chips
- Jan 28 Sloppy Joe & Fritos

Thursday Lunch

- Jan 2 Cheeseburger, Macaroni Salad, Desert
- Jan 9 Pulled Pork Sandwich, Tater Tots, Cole Slaw, Dessert
- Jan 16 Sausage Casserole, Roasted Veggies, Roll & Dessert
- Jan 23 Baked Fish, Pierogies, Mixed Vegetables, Dessert
- Jan 31 Meatloaf, Mashed Potatoes, Corn, Roll, Dessert

February 2020

Tuesday Soup & Sandwich

- Feb 4 Chicken & Rice Soup, 1/2 Bologna Sandwich
- Feb 11 Hot Dog and Baked Beans
- Feb 18 Chicken Wings, Celery, Dressing
- Feb 25 Ham & Bean Soup, Roll

Thursday Lunch

- Feb 6 Chicken Cordon Bleu, Baked Potato, Veggies, Salad, Dessert
- Feb 13 Stuffed Cabbage Casserole, Mashed Potatoes, Dessert
- Feb 20 Chicken Alfredo w/ Broccoli, Salad, Dessert
- Feb 27 Sweet & Sour Meatballs over Rice, Veggies, Roll, Dessert



55+ EVENTS

Thursday Speaker Series

Our Thursday speaker series offers many opportunities for 55+ residents to learn about retirement, health, and community events. There's no need to R.S.V.P. Stop by!



Ben Zeusch

Jan 20 — 12:00p

How do you want to be remembered?

Dr. Michael

LoPresti

Feb 6 — 12:00p

Learn about hip and knee replacement. Free seminar Arthritis of the Hip and Knee treatment options

Brooklyn Key Club

Feb 27 — 12:00p

Come and get to know our talented students from the Brooklyn High School Key Club

Library Updates

Jan 23 & Feb 20 — 12:00p

Library Speaker with updates on their programs



55+ EVENTS

Christmas Dance

Dec 5 — 11:30a

Christmas Dance and Luncheon featuring music by Kordupel & Culkar Band with performance by the Brooklyn High School Choral group. Cost is \$12.

Cleveland Botanical Garden

Dec 16 — 9:00a

Christmas at the Garden trip. Cost is \$15 and includes transportation. Limited space!

Ugly Sweater Contest

Dec 19 — 12:00p

Ugly Sweater Contest with prizes. Includes special performance by the Brooklyn High School Choral Group.

National Parks Presentation

Jan 29 — 7:00p

Join us for Nature Pam Sikora's slideshow presentation that captures the beauty and history of our national parks.

Valentine Dance

Feb 12 — 1:00p

Music by Wayne Tomsic Combo. Cost is \$6 and includes coffee and dessert.

Playhouse Square Trip

Feb 20 — 9:00a

Trip to the Playhouse for "Sleuth." This play is a Tony-winning thriller. \$25 for ticket and bus trip.



Blood Pressure Screenings

*At Senior Center
*Emergency Calls Take Priority**

Brooklyn Paramedics

3rd & 4th Thurs 10 — 11 a.m.

Brooklyn Pointe Nurse

2nd Tues 10 — 11 a.m.

University Hospital - Parma

1st Thurs 10 — 11 a.m.



55+ SPECIAL EVENTS



Monthly Mind Challenge

See Front Desk for Details

Looking for players who love trivia! We will compete against other senior centers for cash prizes! Jan-May. First competition 1/23 at 10:00a



Free Hearing Tests

2nd Tuesday of the Month

Call 216-635-4222 for appointments

Options available for low-fee battery changes in hearing aids and other troubleshooting

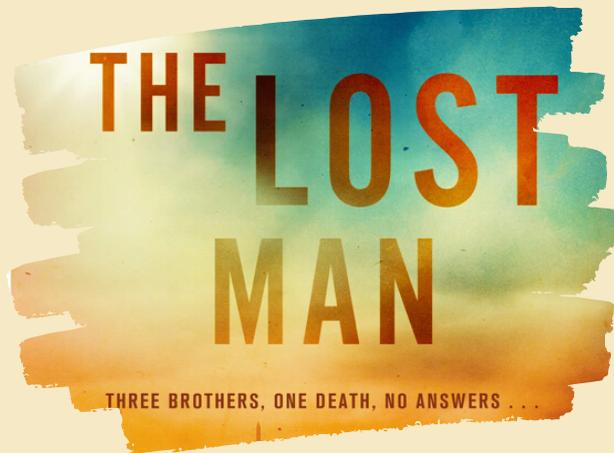


Book Club

Tuesdays, 2:30p

Brooklyn Senior Center

Starts January 21!



We are seeking new members to get this new club off the ground. Our first book will be *The Lost Man* by Jane Harper.

"Two brothers meet at the remote fence line separating their cattle ranches in the lonely outback. The third brother lies dead at their feet. In an isolated belt of Western Australia, they are each other's nearest neighbor, their homes four hours apart. A powerful and brutal story of suspense set against a formidable landscape."

CITY OF BROOKLYN
7619 Memphis Ave.
Brooklyn, OH 44144

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City Happenings

Santa's Visit to Brooklyn

December 14

Beginning at Noon Keep an eye out for Santa on streets north of Biddulph Road (same side as the High School). This also includes the streets by the Rec Center, St. Thomas More, Brooklyn Acres, the Westbrook Apts., Manoa, Tiedeman and streets off of Rodoan Road.

December 15

Beginning at Noon Santa will be visiting streets south of Biddulph Road (opposite side of the High School). This also includes streets off of Ridge Road by Ridge Park Square, 480 and everything across from the High School.

55+ Ugly Sweater Contest

December 19

12:00p

Wear your ugliest sweater and join us at the Senior Center! Special performance by Brooklyn Choral Group

Skate with Santa

December 8

2:45p — 3:45p

Join us at the Brooklyn Recreation Center!

MAYOR

Katherine A. Gallagher

COUNCIL PRESIDENT

Ron Van Kirk

PRESIDENT PRO TEM

Andy Celcherts

COUNCILMEMBER

Kathleen Pucci

COUNCILMEMBER

Kevin Tanski

COUNCILMEMBER

Mary Balbier

COUNCILMEMBER

Barbara Paulitzky

COUNCILMEMBER

Meg Ryan Shockey