

City of Brooklyn  
Mayor Katherine Gallagher  
7727 Memphis Avenue  
Brooklyn, OH 44144-2197

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Cleveland, OH  
Permit No. 141

## BROOKLYN SENIOR "CHIT CHAT"

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January & February 2016

Return Service Requested

DATED MATERIAL  
DO NOT DELAY  
MAILED:12/18/15

**A.A.R.P. INCOME TAX SERVICE**  
***AARP WILL AGAIN be providing FREE***  
***Income Tax Assistance***  
***Mondays and Wednesdays.***  
***9:00 a.m. –12:00 p.m.***  
***Appointments Starting : Mon. February 1, 2016***  
***Call the Brooklyn Senior Center after New Year***  
***to schedule your appointment : 216-635-4222***  
***Be sure to bring the following:***

- *Last year's tax return*
- *Copy of social security cards for all dependants*
- *All related tax forms, including social security*
- *A photo I.D. for all dependants*
- *If stocks have been sold, bring in all information regarding the sale, date of purchase & original cost*
- *No age restriction*
- *AARP membership not required*

Brooklyn Senior Center  
7727 Memphis Avenue  
Brooklyn, Ohio 44144  
8:00 am - 4:30 pm  
(216) 635-4222  
Brooklyn City Hall  
Mayor Katherine Gallagher  
(216) 351-2133

**Friendly Reminders:**  
**The Senior Center will be closed on:**  
**New Years Day**  
Friday, January 1, 2016  
**Martin Luther King Day**  
Monday, January 18, 2016  
**Presidents Day: Monday, February 15, 2016**



***Friday Movies & Lunch***  
**Friday, January 29, 2016**  
**Movie: "McFarland U.S.A."**  
**Starring: Kevin Costner**  
**Cost \$ 5.00**  
**Menu: Pizza, Salad, and Dessert**  
**Last day to buy tickets January 22, 2016**



**On Behalf of the City of Brooklyn,**  
**We Wish You All a**  
**Happy and Healthy 2016!**



### St. Patrick's Luncheon/Dance

 **Thursday, March 17, 2016**  
**Music Provided by:**  
**Wayne Tomsic**  
**Cost: \$10.00**  
**Time: Lunch Served 11:30am**  
**Dancing Starts: 1:00 pm**  
**Menu: Irish Banger Sausage,**  
**Cabbage and Noodles, Buttered Carrots,**  
**Rye Bread, Apple Sauce & Dessert**

**Advanced ticket sales only**  
**Purchase tickets by March 10th**

### Home Energy Assistance Program (HEAP))

HEAP applications are now available at  
the front desk. HEAP Applications are  
accepted through May 31, 2016

### Valentines Day Luncheon / Dance

 **Thursday February 11, 2016**  
**Lunch Served: 11:30 a.m.**  
**Dancing to start: 1:00pm**  
**Menu: Chicken Parmesan with Spaghetti /**  
**Italian Green Beans, Tossed Salad, Garlic Bread**  
**Sticks, and Holiday Dessert**  
**Music by: Mike Jacobs**  
**Cost: \$10.00**  
**Advanced Ticket Sales Only!**  
**You may purchase your tickets at the front desk..**  
**Last day to purchase tickets:**  
**Friday, Feb 4th.**

### Daytime / Evening Programs

#### DAYTIME Exercise & Line Dancing at Sr. Ctr.

##### Exercise with Sandy

Tuesday & Thursday Time 9:00 - 10:00 a.m.

##### Tai Chi Class by Rose Verdino

Monday Time: 11:00 a.m. - 12:00 p.m.

##### Line Dancing:

Line Dancing by Dottie will start Fri. Feb 5th—11am

Classes will resume in April with Alice

#### EVENING Classes at the Brooklyn Senior Center:

##### AEROBICS: Monday & Wednesday Evening

Time: 6:00—7:00 p.m.

Aerobics is Open to Adults

##### ZUMBA: Tuesday & Thursday Evening

Time: 7:00—8:00 p.m.—Zumba is Open to Adults

#### Post Office-on-Wheels

Post Office services available at the Senior Center:

- Purchase postage stamps and money orders.
- Purchase packaging supplies.
- Mail letters and packages using first class, priority, express & standard mail.
- Certified, insured & registered mail  
11:40 a.m. to 12:00 p.m. for any of the above services.

*Next visit: Thursday, January 7, 2016*

### **“Get Well Wishes”**

Are sent to those who have been hospitalized or ill during the previous months:

Judy Ridilla, Betty Konopka, and  
Mary Greco



### **Volunteer Appreciation**

The Brooklyn Senior Center thanks to all who have so graciously volunteered their time and effort to make this Senior Center so successful. The total volunteer hours for October & Nov. were 628 hours. Please remember to sign the volunteer book, as this is the only way to keep track of your hours. **THANK YOU**

#### **Let Us Do the Driving**

If you drive a car and the weather is bad call the Senior Center and let us do the driving. Be smart about the conditions of the roads, parking lots and clearing ice off your windows. We can drop you off at the door. Please call the center to make arrangements.

#### ***BUS TRANSPORTATION SCHEDULE***

*Mon., Tues. & Fri. - Medical Appointments*

*Tues. - Medical appointments, Soup & Sandwich, Bingo at the Senior Center*

*Wed. - Shopping and Medical appointments in Brooklyn Only*

9:30 a.m. - Giant Eagle  
10:30 a.m.- Marcs & Ridge Park Square

*Thurs - Shopping and Medical appointments,*

Lunch at the Center  
9:30 a.m.-Ridge Park Square & Biddulph Plaza

10:30 a.m.-Pick-up for lunch at the Senior Center

11:00 a.m. - Ridge Park Square & Biddulph Plaza & Medical appointment

*Fri.—Medicals, hair appointments, banking, Shopping: Wal-Mart*

**Bus runs from 8:30 a.m. - 3:00 p.m.**

**Donation \$1.00 each way . Absolutely No Tipping**

Call the Brooklyn Senior Center to schedule your appointments: 635-4222 .

### **THURSDAY LUNCHEONS**

Every Thursday lunch is served at the Brooklyn Senior Community Center at 11:30 a.m. The cost is **\$6.00**. Tickets must be purchased no later than the Friday before the luncheon date. No takeouts are allowed before 12:30 p.m. Please let us know if you need a takeout prior to the luncheon. No refunds.

#### ***Menus for January***

**January 7, 2016** Spaghetti with Meatballs, Italian Green Beans, Garlic Toast, Sherbet Cup

**January 14, 2016**-Roast Beef, Whipped Potatoes, Buttered Carrots, Roll, Fruited Jell-O, 2 Cookies

**January 21, 2016**-Oven Baked Chicken Breast, Baked Potato, Broccoli, Roll, Cherry Pie

**January 28, 2016**-Picnic in January-Cheeseburger on a Bun with Lettuce, Tomato & Pickle/Potato Salad/Baked Beans/Brownie

#### ***Menus For February***

**February 4, 2016**-Oven Baked Fish or Kielbasa, 3 Pierogi, Cole Slaw, Roll, Fruit Cup, Boston Cream Pie

**February 11, 2016**-Dance/Luncheon Chicken Parmesan with Spaghetti/Italian Green Beans/Garlic Breadsticks/Tossed Salad/Red Jell-O Cake

**February 18, 2016** -Baked Meatloaf/Whipped Potatoes and Gravy, CarrotsCarrots, Applesauce, Biscuit, Carrot Cake

**February 25, 2016**—Roast Pork, Oven Baked Red Skinned Potatoes, California Medley, Roll, Apple Turnover

***Tuesday's Soup & Sandwich Cost: \$3.50***  
***All lunch tickets must be purchased in advance!***

#### ***January Soup & Sandwich***

**January 5, 2016**-Chicken Noodle & 1/2 Ham Sandwich

**January 12, 2016**-Chili with Crackers & Corn Bread

**January 19, 2016** - Hot Dog and Macaroni Salad

**January 26, 2016** Vegetable Beef & Barley and 1/2 Bologna Sandwich

#### ***February Soup & Sandwich***

**February 2 2016** Broccoli Cheddar & Biscuit

**February 9, 2016**- Mini Sub Sandwich & Chips

**February 16, 2016**- Stuffed Pepper Soup and Large Roll

**February 23, 2016**- Tuna Salad on Croissant and Fruit Cup

## Speakers

Thursday, January 7, 2016  
Time 12:00—noon  
Topic: Home Safety

Speaker: Debbie Bailey  
from “Seniors Helping Seniors”,

Come and hear the latest in home safety tips and ways to stay safe and stay in your home. Ways to prevent accidents and falls to be discussed.

Topic: Elder Law  
Thur. January 28, 2016 / 12:00 noon

Dennis G. Mille, a Board Certified Elder Law Attorney of Phillips & Mille Co. L.P.A. located in Middleburg Hts. Ohio will explain the simple and free ways to keep from probating your car, home and other assets; how durable general powers of attorney for financial matters require “hot powers” to be effective; how Medicaid rules affect the payment for nursing home and protecting your assets; and the most important legal documents each person needs.

### Attention war time Veterans !

Jan. 14th / 12:00 noon

Cleveland American Veterans Association (C.A.V.A) is a Non profit 501c3 veterans charity established in Cleveland in 2009. Since that time, they have assisted in helping Veterans and their surviving spouses receive \$15 million in tax free, cash benefits through a Veterans benefit known as: **the aid and attendance improved pension benefit**. This benefit is granted to WAR time veterans and their surviving spouses 65 and older who qualify. Find out about this important benefit that will pay a qualifying veteran (s) up to \$2120.00 a month- tax free.

## Screening and Speakers

Thursday, February 4, 2015  
Time:12:00—Noon  
Topic: Eating Healthy with Tasty Foods

**Come and hear the Greenbriar’s Chef Extraordinaire, who will demonstrate some easy to make, tasty health food options. Samples will be made for those in attendance.**

Thurs. Feb 18, 2016 - 12:00 noon  
A Place for Mom,  
speaker Tiffany Morgan

A Place for Mom, the oldest and largest Senior Living Referral Service in the United States! Always has been a will be 100% Free. Starting our 16th Year!

Ms. Morgan will conduct an informative talk on how A Place For Mom can help you take complete control of your living arrangements long before you ever need to leave your home!

### Life Line Screening—April 25th at the Brooklyn Senior Center

Life Line Screening, a leading provider of community based preventive health screenings, will host five screenings scanning for potential health problems which include: blocked arteries, abdominal aortic aneurysms, hardening of the arteries in the legs, arterial fibrillation or irregular heartbeat and a bone density screening. All five screenings take 60-90 minutes—In order to register for this event and to receive \$10 discount off any package priced over \$129 please call Life Line Screening at: 1- 888 - 653-6441

## Health and Welfare Programs & Meetings

### Blood Pressure Reading

Greenbriar will be doing blood pressure reading the second Tues .of each month, Jan will be on the 12th / Feb on the 9th / Time: 10:00 a.m.- 12:00 p.m. In addition, the Brooklyn paramedics will be available at the Brooklyn Senior Center for blood pressure readings the 2<sup>nd</sup> & 4<sup>th</sup> Thursdays of the month from 10:00 -12:00 p.m.

### Free Hearing Test

L.A. Christner, Inc. hearing test schedule is as follows: Tuesday, January 12, 2016.

Appointments are: 10:00 a.m. to 12:00 p.m.

They offer a free hearing test, and for a small fee, take care of all your hearing aid needs: cleaning, repairs, adjusting and batteries.

Call to make your appointment at:  
(216) 635-4222.

### Home Energy Assistance Program

H.E.A.P. offers a one time credit on your utility bill during the winter. Individuals with income less than \$20,597.50 annually will qualify. Some individuals may also qualify for the percentage of income payment plan PIPP) which is offered year round and

(bases monthly utility payments on your income.

May 31, 2016. Stop by the Brooklyn Senior Center front desk to pick up your application.



### “Condolences”

Our Sympathy goes out to all who have lost a loved one in the past months:

Dee Rosati, Don Bewley, son of Angie Bewley, and Giselsa Arsenjevic  
May They Rest in Peace!

## Information

### Homestead Exemption Application for Senior Citizens, Disabled Persons & Surviving Spouses

Homestead exemption provides a reduction in property taxes to those who qualify on the principle dwelling that is the individual’s principle place of residence and up to one acre of land.

File with the County Auditor after the first Monday in January and on or before the first Monday in June. Applications are available at the Senior Center.

### Winter Storm Ready

**Make sure you have:**

- **Rock salt or a product to melt away the ice on the walkways**
- **Sand to improve traction**
- **Snow shovels & other snow removal equipment**

**Listen to the radio or other local news stations for critical information on alerts**

**Minimize travel.**

**During the storm...**

- **Stay indoors**
- **Walk carefully on snowy, icy walkways**
- **Avoid overexertion when shoveling snow.**
- **Keep dry**
- **Watch for signs of hypothermia-stay hydrated, nourished & keep your blood flowing by moving around.**